



ON THE TREK

The Outdoor Specialist

We Are An **Outdoor Specialist**

Since 2019, we have facilitated experiences that aim to support our health and well-being and inspire responsible and enjoyable connections with the natural world.

Certified

- Leave No Trace Master Educator
- Nature and Forest Therapy Guide
- Interpretive Guide by the National Association for Interpretation
- Tour Guide by the Puerto Rico Tourism Company
- Wilderness First Aid Instructor

Outdoor Education

Leave No Trace courses will provide you a better understanding of recreation-related impacts and how we can protect parks and natural areas by applying seven principles.

First Aid & CPR training will allow you to evaluate, stabilize, treat and evacuate a patient in the outdoors.

Wellness

Forest Therapy allow us to connect with nature through our senses and be fully aware of the present moment. An opportunity to slow down and restore our relationship with the natural world.

Consulting

We provide consulting on sustainable trail building, design and maintenance; safety plans and training in initial response and more.

More Information:
www.onthetrekpr.com

Contact Person:
864-207-9376

**ENJOY THE OUTDOORS,
EXPLORE ON THE TREK**